

HOW MUCH GROUND WILL WE COVER?

In this One Day presentation, we will cover the first 2 Sections of the book (chapters 1-4) which focus on 'Childhood'--because it still matters as the 'A.C.E.' studies are trying to remind us of again--and 'Relationships' that are real, deep and nurture one's heart emotionally. These 2 Sections are most important ones because they are so foundational to human development and motivation. If there is any time left we will look, briefly, at the other sections of the book. This workshop, at its core, is to help you know Who you really are inside, and What you want to do with your life so you will know and feel that you are on the right path, one that is fulfilling for You! Since the beginning of time, this deep inner part of ourselves, our soul...has been looked upon as the ultimate source of motivation to 'Get The Most' out of life.

WHO IT IS DESIGNED FOR:

Any Human Being! :)...anyone who is at a point in their life where they want to know what 'Truly Motivates The Human Heart'. And also, Counselors, Therapists, Parents, Social Workers, Foster Parents, Anyone in this or a related field. It is for those who want to become better people, better lovers, and better co-workers.

HOUSEKEEPING:

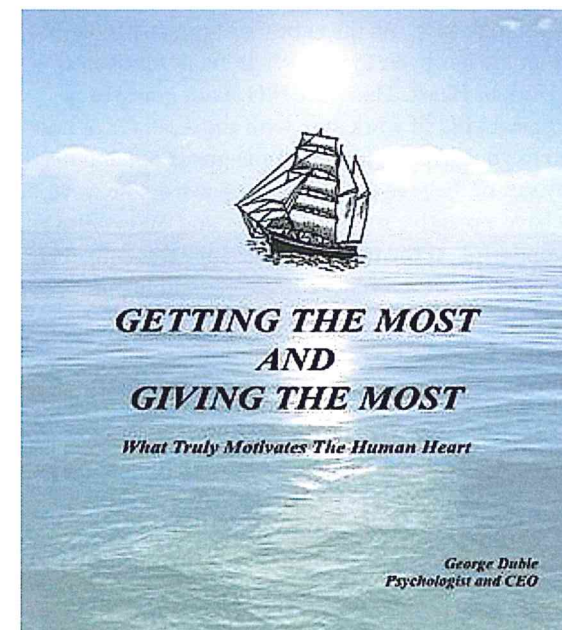
***Parental Warning: This presentation is rated 'PG-13' because some of the language used in the 'classic clips' videos; and also the speaker has been known to use a little 'street language' now and then. 😊

***CEU'S will be provided that focus on the 'depth psychology' content that is the heart of this presentation. They will be handed out at 3:30 and guests will receive 4.5 CEU'S they can submit to their boards.

***📱 NO I.T. devices/phones/texting/anything, will be allowed to be used during this presentation! If you do, you will be asked to shut it off.

***COST is only \$20.00 to cover the costs of the lunch and the preparation of the event. This is GMFS's act of Generosity in giving back to the Communities we have worked in now for 22 years! :) George's book may be purchased for \$15.00 dollars if you wish. Lunch will be at 12:30.

16th Annual Training



October 24, 2014

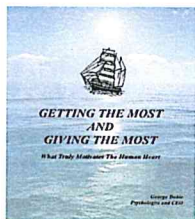
10:00-3:30 PM

The Oaks Restaurant

1000 26th Ave NE

Willmar, MN 56201

*This year we are proud to present
George Dubie as our speaker.
He will be doing a One-Day workshop
covering the subject of his
recently completed BOOK!*



George has taken 10 years to write this book, and it is his deepest expression of what he has learned from his clients in 30 years of counseling about Real, Genuine, Motivation that creates lasting change. The kind of motivation that can set a better course in one's life and actually stick to it. As the subtitle suggests, his own quest in life has been to find What Truly Motivates The Human Heart. Therefore this is not going to be the typical kind of workshop with the A, B, C's of how to 'go to your happy place' as some gurus of happiness glibly say, or 'believe to achieve' slogans, or the worn out 'just have a positive mental attitude' and everything will be wonderful. If the human experience was only that simple, we'd have a lot more healthier and happier people on this planet. There are 9 chapters in the book (you do not have to buy it :) that are listed under 5 main Sections in the book...



SECTION 1. Childhood: (Yes! It still matters...think 'A.C.E's!')...Where the First Spark of Human Motivation Is Lit. (Chapter 1 and 2)

SECTION 2. Relationships That Nurture the Human Heart. (Chapter 3 and 4)

SECTION 3. Ideals that Inspire the Human Heart...with the chapters titles of:

Chapter 5: "Virtue in a Virtual World"

Chapter 6: "Seldom Heard In a Sunday School" (On Spirituality)

Chapter 7: "Purpose Gives Rise to Passion"

SECTION 4. Health That Energizes The Human Heart.

SECTION 5. And finally...*Giving* To Other Hearts



SO...WHAT THIS DAY IS NOT:

The day will likely be different from most of the workshops you have attended. It has nothing to do with diagnoses of mental health issues, cognitive behavioral therapy, measurable outcomes, goal-setting, or other plans that are used in the human service field today. And though the heart of the book is about Motivation, this is not the 'psyche yourself up' kind of presentation, nor will you hear the 'seven simple steps to success' or 'weight loss without work' clichés that last as long as a New Year's resolution. George has been surprised to hear counselors/human service staff/therapists handing out buzzwords like these to clients that sound like something a 5th grade teacher would tell her children.

WHAT THIS DAY IS:

As the title of the book says, it is about 'Getting The Most' out of your personal life first; and then finding the joy there is in 'Giving The Most' back to those who need you. The workshop will be presented in a way that feels more like a week-end retreat, rather than lecturing on points A and B from a bland outline on the screen in front of you. This will be a time to focus on what is often called the Inner Life, some call it 'depth psychology', and some even call it the small 's': soul. It is the part of ourselves that so easily gets lost in this society that is living, as Bill Gates puts it: 'At the 'speed of light'.



- It will be Interactive...encouraging some audience comments and questions.
- There will be Stories from his clients as other well-known people.
- There will be a rough Outline (that allows for detours!) with a lot of pictures to explain the ideas.
- We will watch some parts of Movies that George calls 'classic clips'
- And he will sprinkle in a number of Poems that illustrate how important the Inner Life is.



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October 24, 2014
The Oaks Restaurant

Pre-Registration is required.

Name _____

Address _____

Phone _____

Mail completed form and \$20.00 non-refundable payment to:

Greater Minnesota Family Services
PO Box 1810
Willmar, MN 56201
Attn: Pamela

For more information please contact
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